

STATE OF NEW MEXICO BOARD OF BODY ART PRACTITIONERS

100 Hour Theory Tra				ased on Areas	of Practice	
Sponsor Name:		Establishment:				
	Areas	of Tra	ining	ŗ		
☐ Eye Brow Technique – 20 ho	ours	☐ Ta	ttoo Lighte	ening – 10 hours		
☐ Eyeliner technique - 20 hou	rs	☐ Sca	alp Microp	oigmentation – 20 hour	rs .	
☐ Lip technique – 20 hours		☐ Sca	ar Camouf	lage – 40 hours		
☐ Beauty Mark Technique – 10 hours						
Introduction to Permanent Cosmetics – 5 Hours						
History of Tattooing as it Applies to Permanent Cosmetics	Hours of Training	g:	Methods	s of Training:		
Date Started	Date Complete	ed		Apprentice Initials	Sponsor Initials	
Comments:						
Overview of the Different Types of Machines and Devices	Hours of Training	g:	Methods	Methods of Training:		
Date Started	Date Complete	ed		Apprentice Initials	Sponsor Initials	
Comments:						
State Laws and Regulations for Permanent Cosmetic Practitioners	Total Hours of Tr	raining:	Methods	s of Training:		
Date Started	Date Complete	ed		Apprentice Initials	Sponsor Initials	
Comments:						

Permanent Cosmetics Annrentice Log



Professional Sta	andards and	Clien	t Care - 1	.0 Hours
Client Expectations	Total Hours of Training:	Methods	of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:				
Medical Expectation	Hours of Training:	Methods	of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:				
Consent and Disclosure Form	Hours of Training:	Methods	of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:				
Record Keeping	Hours of Training:	Methods	of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:				
HIPPA Standards	Hours of Training:	Methods	of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:	•	-		•
Photography	Hours of Training:	Methods	of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials



Comments:							
	Office Set-up -	– 5 Ho	urs				
Understanding Establishment Requirements	Hours of Training:	Methods	s of Training:				
Date Started	Date Completed		Apprentice Initials	Sponsor Initials			
Commonto:							
Comments:							
General Equipment	Hours of Training:	Methods	s of Training:				
Date Started	Date Completed		Apprentice Initials	Sponsor Initials			
Comments:							
Table, Chair, Work Surface, and Lighting	Hours of Training:	Methods	s of Training:				
Date Started	Date Completed		Apprentice Initials	Sponsor Initials			
Comments:							
Safet	cy and Sanitat	ion — 3	0 Hours				
Definition of Terms	Hours of Training:	Methods	s of Training:				
Date Started	Date Completed		Apprentice Initials	Sponsor Initials			
Comments:							
Discuss Acceptable Forms of Sterilization	Hours of Training:	Methods	s of Training:				
Date Started	Date Completed	•	Apprentice Initials	Sponsor Initials			



Comments:				
Proper Use of Chemical Agents, Antiseptics, Disinfestations, and Fumigants	Hours of Training:	Methods	s of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:				
OSHA and CDC Guidelines Regarding Bloodborne Pathogens	Hours of Training:	Methods	s of Training:	
Date Started	Date Completed	·	Apprentice Initials	Sponsor Initials
Comments:				
Hand Washing Stations	Hours of Training:	Methods	s of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:				
Hepatitis B Vaccination	Hours of Training:	Methods	s of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials
Comments:				
Personal Protective Equipment such as Gloves and Proper Attire to Avoid Cross Contamination	Hours of Training:	Methods	s of Training:	
Date Started	Date Completed	·	Apprentice Initials	Sponsor Initials
Comments:			1	
Sanitary Measures during Procedure Set-up and Clean-up	Hours of Training:	Methods	s of Training:	
Date Started	Date Completed		Apprentice Initials	Sponsor Initials



Comments:						
Clie	nt Preparation	- 10	Hours			
Preparing the Clients Skin	Hours of Training:	Methods	of Training:			
Date Started	Date Completed		Apprentice Initials	Sponsor Initials		
Comments:						
Ways of marking the Skin	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed	1	Apprentice Initials	Sponsor Initials		
Comments:						
Anesthetics used Before, During, and After Procedures	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed		Apprentice Initials	Sponsor Initials		
Comments:			<u> </u>	<u> </u>		
Color	Pigment Theor	ry-1	.0 Hours			
Knowledge of Skin Type and Undertones	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed	•	Apprentice Initials	Sponsor Initials		
Comments:						
Pigment Care such as Expiration, Storage, and Mixing	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed		Apprentice Initials	Sponsor Initials		



Comments:						
Use of Safety Sheets	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed	I	Apprentice Initials	Sponsor Initials		
Comments:						
S	kin Anatomy -	- 15 H	ours			
Understanding of Skin and Layers	Hours of Training:		s of Training:			
Date Started	Date Completed	1	Apprentice Initials	Sponsor Initials		
Comments:						
Healing Process of the Skin and its Care	Hours of Training: Me		Methods of Training:			
Date Started	Date Completed		Apprentice Initials	Sponsor Initials		
Comments:						
Disease, Disorders, and Conditions such as; Infection Herpes simplex. Shingles, Moles, Warts, Freckles, Psoriasis, Eczema, and Reactions	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed		Apprentice Initials	Sponsor Initials		
Comments:						
Machi	ne/Needle The	eory –	10 Hours			
Operation, Maintenance, and Instrument Storage	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed	,	Apprentice Initials	Sponsor Initials		



Comments:						
Proper Needle Handling and	Hours of Training:	Methods of Training:				
Disposal						
Date Started	Date Completed		Apprentice Initials	Sponsor Initials		
Comments:						
Groups, Numbers and	Hours of Training:	Methods	s of Training:			
Configurations			1	T		
Date Started	Date Completed		Apprentice Initials	Sponsor Initials		
Comments:						
Pre-Sterilized, Single Use	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed	1	Apprentice Initials	Sponsor Initials		
Comments:						
Bı	usiness Set-up	– 5 H	lours			
Basic Business and Social Media Guidelines	Hours of Training:		s of Training:			
Date Started	Date Completed	1	Apprentice Initials	Sponsor Initials		
Comments:						
Legal Requirements	Hours of Training:	Methods	s of Training:			
Date Started	Date Completed	-1	Apprentice Initials	Sponsor Initials		
Comments:						



Insurance/Liability	F	Hours of Training	g:	Methods	of Training:	
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Date Started		Date Complete	ed		Apprentice Initials	Sponsor Initials
Comments:		1				
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New Mexico Laws and	T I	Hours of Training	g .	Methods	of Training:	
Regulations						
Date Started	•	Date Complete	ed		Apprentice Initials	Sponsor Initials
Comments:						
T	Dinact	Supervis	ion. D	nootio	ol Uoung	
1	Jirect	Supervis	1011 - F 1	ractic	ai iiours	
☐ Eye Brow Technique ☐ Tattoo Lightening						
☐ Eyeliner technique	□ Scalp Micropigmentation					
☐ Lip technique ☐ Scar Camouflage						
☐ Beauty Mark Techn	ique					
Time Started	Time Com	pleted	Total Hou	rs	Apprentice Initials	Sponsor Initials
Client Name:						
Training Description (addi	tional info	rmation can be r	provided on	a separate	e paper):	
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☐ Eye Brow Technique	e		□ Ta	ttoo Lighte	ening	
☐ Eyeliner technique			☐ Sc	alp Microp	igmentation	
☐ Lip technique			☐ Sc	ar Camouf	lage	
☐ Beauty Mark Techn	ique					
Time Started	Time Com	pleted	Total Hou	rs	Apprentice Initials	Sponsor Initials
					<u> </u>	·
Client Name:						
Training Description (addi	tional info	rmation can be p	rovided on	a separate	e paper):	



☐ Eye Brow Techniq	ue	□т	attoo Lighte	ening	
☐ Eyeliner technique		□s	calp Microp	igmentation	
☐ Lip technique		□s	car Camoufl	lage	
☐ Beauty Mark Tech	nique				
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Client Name:					
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☐ Eye Brow Techniq	☐ Eye Brow Technique ☐ Tattoo Lightening				
☐ Eyeliner technique	☐ Eyeliner technique			igmentation	
☐ Lip technique ☐ Scar Camouflage					
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Time Started	Time Completed	Total Ho	urs	Apprentice Initials	Sponsor Initials
Client Name:					
Training Description (add	litional information can be p	provided or	n a separate	e paper):	
☐ Eye Brow Techniq	ue	□т	attoo Lighte	ening	
☐ Eyeliner technique	2	□s	calp Microp	igmentation	
☐ Lip technique		□s	car Camoufl	lage	
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Time Started	Time Completed	Total Ho	urs	Apprentice Initials	Sponsor Initials
Client Name:					
Training Description (add	litional information can be p	provided or	n a separate	e paper):	



	Eye Brow Techniqu	echnique Tattoo Lightening				
	Eyeliner technique			Scalp Microp	igmentation	
	Lip technique			Scar Camouf	lage	
	Beauty Mark Techr	nique				
Time S	tarted	Time Completed	Total l	Hours	Apprentice Initials	Sponsor Initials
Client Name:						
Trainir	ng Description (add	itional information can be p	rovided	on a separate	e paper):	
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	☐ Eyeliner technique			Scalp Microp	igmentation	
	☐ Lip technique ☐ Scar Camouflage					
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Client	Name:					
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	Eyeliner technique			Scalp Microp	igmentation	
	Lip technique			Scar Camouf	lage	
	Beauty Mark Techr	nique				
Time S	tarted	Time Completed	Total l	Hours	Apprentice Initials	Sponsor Initials
Client	Name:					
Trainir	ng Description (add	itional information can be p	rovided	on a senarate	e naner):	
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☐ Eyeliner technique		☐ Scalp Microp	igmentation		
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☐ Beauty Mark Techr	nique				
Time Started	Time Completed	Total Hours	Apprentice Initials	Sponsor Initials	
Client Name:					
Training Description (additional information can be provided on a separate paper):					



^{**} PLEASE PRINT ADDITIONAL PRACTICAL LOG AS NEEDED TO COMPLETE HOURS REQUIRED**